Free Exclusive Conference: Data-Driven Wellbeing

From Student Voice to Whole-School Impact -

Using Psychology, Technology and Real-Time Data to Drive Whole-School Wellbeing with Dr Corrie Ackland and Nikki Bonus



5th Nov, 2025 10:00 AM - 3 PM Cost: Free

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Venue: In Person (<u>Liverpool Catholic Club</u>) or Virtual <u>REGISTER</u>	
Time	Session Overview
9:30-10:00 am	Registration Opens at 9:30 followed by Morning Tea and Networking
10:00- 11:00 am	Understanding Anxiety, Technology, and Developmental Impacts Facilitated by Clinical Psychologist Dr Corrie Ackland Dr Corrie Ackland explores how anxiety presents in today's technology-driven world and how digital exposure influences emotional development, focus, and behaviour. Gain practical, evidence-based strategies to identify early signs of anxiety and support student regulation, confidence, and readiness to learn.
11:15- 12:00 pm	Using Technology for Good: Driving Belonging, Identifying Anxiety, and Improving Academic Outcomes with Wellbeing Data - Facilitated by Dr Corrie Ackland and Nikki Bonus, CEO & Founder, Life Skills GO Dr Corrie Ackland and Nikki Bonus examine how belonging and connection reduce anxiety and strengthen academic outcomes. Discover how emotional literacy and real-time wellbeing data can be embedded to create psychologically safe, inclusive, and high-performing learning communities.
12:05 - 12.30 pm	Introducing Life Skills GO Surveys with the Life Skills GO Implementation Team This session marks the launch of Life Skills GO Surveys, our brand-new tool designed to transform student voice into strategic action. For the first time, schools can combine daily check-in data with deeper survey insights to create a continuous improvement cycle that addresses the needs of every student, class, stage, and the whole school.
Lunch 12.30 - 1 pm	Lunch Provided
1 - 1:30 pm	From SEF and SBSMP to Continuous Improvement with Nikki Bonus This interactive session equips school leaders with the tools and strategies to finish 2025 with clarity and enter 2026 with confidence. Using wellbeing data as a foundation, participants will explore how to set meaningful baselines, review progress, and map out actionable next steps for the year ahead.
1:35 - 2:05 pm	Planning for 2026: Start Strong with Wellbeing Data This session equips school leaders with the tools and strategies to finish 2025 with clarity and enter 2026 with confidence. Using wellbeing data as a foundation, participants will explore how to set meaningful baselines, review progress, and map out actionable next steps for the year ahead.
2:15 - 2:45 pm	Seamless Implementation To Practice - Interactive Q+A and Panel Discussion with Leading Educators Join leading educators Daniel Payne (Shortland PS) and Stephanie Giles (Guildford West PS) as they share how Life Skills GO has been seamlessly embedded into whole-school practice—strengthening student voice, resilience, and wellbeing through real-time data.

Seamless Implementation To Practice - Interactive Q+A and Panel Discussion with Leading Educators An open forum to connect with fellow educators, share reflections from the day, and discuss how to apply key insights

within your own school context. This collaborative session provides an opportunity to exchange ideas, ask questions, and build connections with colleagues committed to proactive, data-informed wellbeing.

3:00 - 3:45 pm