

lifeskills  
**GO**



**School Bytes**

# Integration



Track,  
measure,  
report and  
respond to  
wellbeing  
needs



Real-time  
measurement  
of readiness  
to learn



Triangulate  
attendance  
and behaviour  
with rich  
wellbeing  
data



Measure the  
impact of  
your  
wellbeing  
programs

Contact us to Find out more

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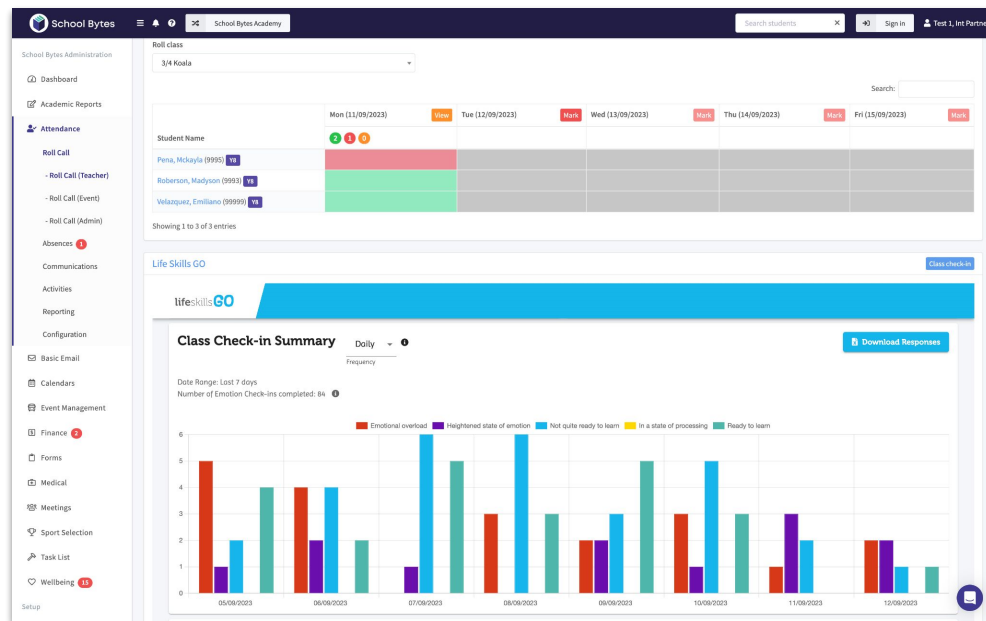
 1300 889 018

## Executive Summary

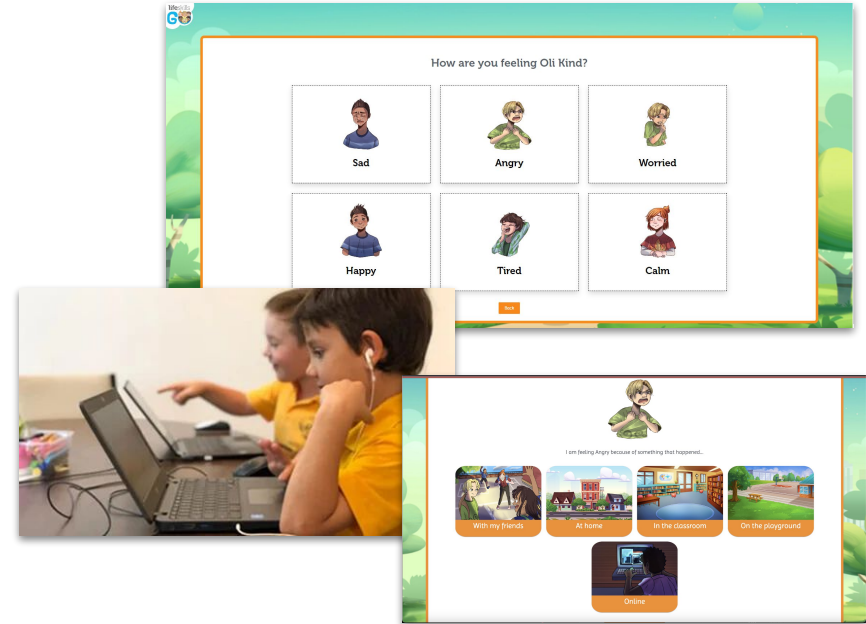
- The Life Skills GO Emotion Check-in School Bytes integration allows the roll call and check-in to be conducted simultaneously.
- Reporting dashboards sit within School Bytes to provide a full holistic learner profile for each student including emotional state with context and readiness to learn.
- Real-time data can be viewed at an individual student, class, stage or at a whole school level.
- Permissions are provided to individual staff via assigned roles to provide appropriate access to reports and data.
- By combining attendance, the Emotion Check-in and behavioural data into one learner profile, teachers are able to significantly reduce their workloads.



- With a quick and easy set up that requires no additional work from staff, School Bytes is able to make GO active for all classes in the school automatically.
- To utilise the integration once it is enabled, a teacher simply goes to their roll and selects Life Skills GO to start their attendance check-in.
- A secure, seamless single sign on experience means teachers can login to School Bytes and access the Life Skills GO Emotion Check-in and reporting.

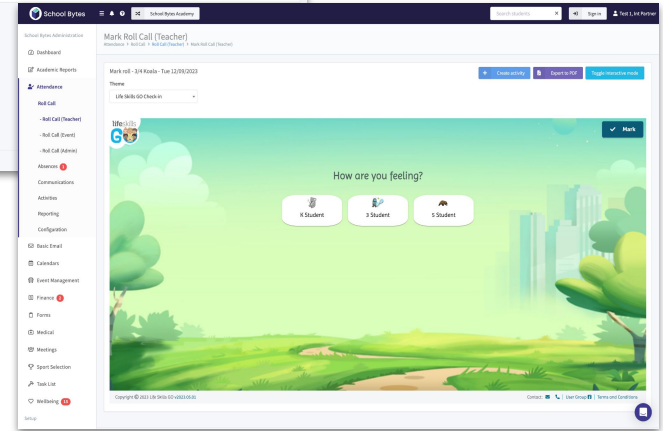
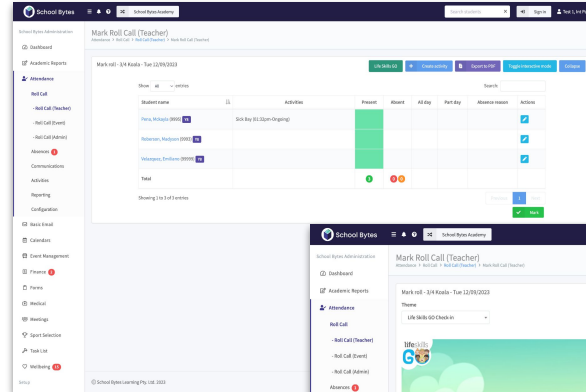


- The Emotion Check-in can be run via one-to-one devices or Smartboards.
- On Smartboards, students select their name and emotion. This simultaneously records their emotional response and attendance.
- With one-to-one devices, the teacher calls the roll with students then checking-in on their device.
- Students are also given the option to provide additional context behind their response.



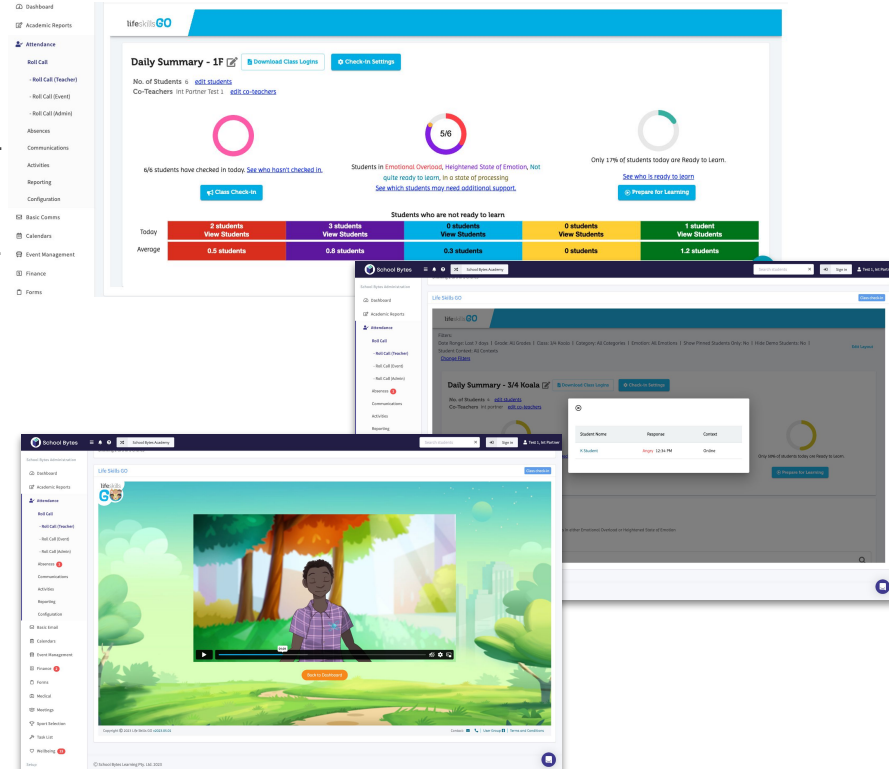
## Life Skills GO Emotion Check-in linked to attendance

- Each students' check-in data is pushed back into the School Bytes roll call to be checked and submitted.
- **No additional workload is placed on teachers or staff to collect real-time data on attendance, learner readiness and emotional state simultaneously.**



## Class summary

- Your class dashboard provides real-time data about your class.
- Support students in entering relevant and reliable data with sufficient frequency to increase your trust in the summary data.
- Three 'doughnuts' provide a clear summary of all students' emotional state and the percentage of students ready to learn, whilst the bar comparison shows your class in relation to a "normal day".
- Evidence-based, curriculum aligned, trauma informed adaptive lessons are available based on the chosen emotion to prepare students for learning.



## Insightful data helping identify student areas of need

- The easy to navigate data gives you the real-time snapshot of wellbeing you need in the moment.
- Student insights surface insights that consider the historic entries of the student and recognise patterns and trends that would otherwise require deeper analysis.
- Teachers are able to add their own comments to check-ins for observations of major and minor incidents.
- All data rolls up into the School Bytes student profile.

### Student Insights

- The most common emotion for **Olympia MOBOURNE** to check-in with is Calm, today they checked-in with Angry
- **Versie HORDER** is on a 28 day Ready to Learn streak
- **Isaac ROSENSTENGEL** did not check-in yesterday, today they checked in in a Heightened State of Emotion
- **Marita MOLESWORTH** is in Emotional Overload this is unusual
- **Simonne PLOWMAN** has indicated 'playground' as a context for the first time

#### Teacher Comments for Renato MEANY - Response

In the classroom 07/02/2023  
10:54am

*Student Context*

Student felt Calm after completing the Prepare for Learning activity

# For administration and school leaders



## Rich, contextual wellbeing data that triangulates with attendance and behaviour data

Rich, real-time, and contextual wellbeing data that triangulates with attendance and behaviour data, providing actionable wellbeing metrics and insights

- Gather rich, real-time wellbeing data on what is happening for individual students, the classroom, or across the whole school.
- Reduce classroom disruption: Real-time measurement of readiness to learn. Allowing educators to act proactively to address wellbeing concerns and ensure an optimal learning environment
- Measure current wellbeing programs and plan future wellbeing initiatives by triangulating attendance, incident reports, and rich real-time wellbeing data all from the School Bytes dashboards. The platform does the heavy lifting for you.

### Pinned Students

Date Range: Last 7 Days  
Suggested Students to Pin: Students with a majority of check-ins in either Emotional Overload or Heightened State of Emotion  
Manually Pinned Students:

Name	Date	Response	Student Context	Teacher Comments	Pin/Unpin
Alicia Fisher	25/09/2023 12:45:54	Angry	At home		⌵
	27/09/2023 14:05:12	Tired	-	<a href="#">Add a comment</a>	
	28/09/2023 16:37:42	Calm	-	<a href="#">Add a comment</a>	
Kerry Lee	25/09/2023 12:46:02	Disappointed	In the classroom		⌵
	27/09/2023 14:04:59	Sad	-	<a href="#">Add a comment</a>	

### School Check-in Summary

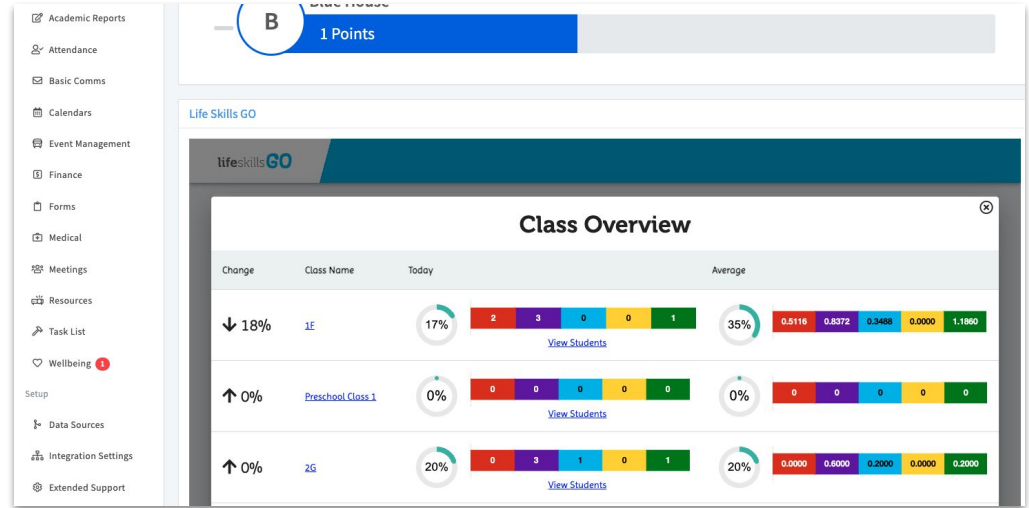
Date Range: Last 7 Days  
Number of Emotion Check-ins completed: 177

### School Student Context Summary

Date Range: Last 7 Days

## School summary

- The easy to navigate **Class Overview** provides a needs based view of classes in real-time. Classes are displayed in order of negative divergence from their average **Readiness to Learn**.
- Automatic School and Student Insights give you the data you need to target resources and support for the school, without requiring you to perform a deeper analysis.
- School administrators are also able to identify students that are consistently checking in with large emotions using the pinned students card.



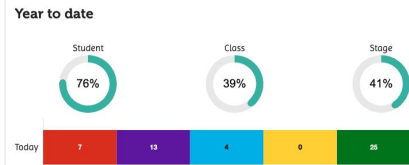
**Pinned Students**  
Date Range: 10/20/2023 - 12/09/2023  
Suggested Students to Pin: Students with a majority of checks in either Emotional Overload or Heightened State of Emotion.  
Manually Pinned Students:

Search students...

Name	Date	Response	Student Context	Teacher Comments	Pin/Unpin	
8 Students	11/26/2023 09:00:00	Worried	Heightened state of emotion	Online	PAGE LOCKED	📌
	11/26/2023 12:34:14	Worried	Heightened state of emotion	At home	PAGE LOCKED	
	11/26/2023 12:34:14	Angry	Emotional overload	On the playground	PAGE LOCKED	
	10/26/2023 09:00:00	Frustrated	Not quite ready to learn	In the classroom	PAGE LOCKED	
	10/26/2023 12:34:14	Calm	Ready to learn	With my friends	PAGE LOCKED	
	10/26/2023 12:34:14	Angry	Emotional overload	On the playground	PAGE LOCKED	
	12/09/2023 09:00:00	Worried	Heightened state of emotion	Online	PAGE LOCKED	
	11/26/2023 12:34:14	Angry	Emotional overload	Online	PAGE LOCKED	
11/26/2023 12:34:14	Angry	Emotional overload	With my friends	PAGE LOCKED		

## Holistic learner profile

- Student readiness to learn combines with School Bytes data on attendance and incidents to offer a full holistic learning profile.
- In the student profile, emotion responses are fed back in real-time to provide evidence for proactive intervention or to help identify patterns and trends in the responses of the student.
- Drill deeper into Insights and comparison of the last 10 check-ins to the student responses across the whole school year



**Student Insights**

- Frustrated and Angry are their most frequently checked in with emotion.
- The last time Renato MEAN checked in as not ready to learn was 09/02/2024.

**Student Responses** 24 responses

Date Range: Last 7 Days

Wellbeing +

Documents +

## Filtering the data

- Educators are able to filter the Life Skills GO data by a number of parameters to highlight certain date ranges, particular emotional states and emotions or specific contexts.
- This data can then be downloaded, processed and visualised to suit the needs of the school

The screenshot shows the Life Skills GO dashboard interface. At the top, there is a navigation bar with '00KB', 'Dashboard', 'Lessons', 'Reporting', 'Students', and 'Getting Started'. A filter overlay is prominently displayed in the center, titled 'Filters: Date Range: Last 7 days, Change Filters'. The filter overlay includes the following options:

- Date Range: Last 7 days (Start: 03/02/2024, End: 09/02/2024)
- Grades: All Grades
- Classes: All classes
- Emotion Categories: All Categories
- Emotions: All Emotions
- Student Context: All Contexts
- Checkboxes:  Show only pinned students,  Hide demo student data
- Buttons: Cancel, Apply

Below the filter overlay, the dashboard displays a 'Test School 2023 - Daily Summary' section. It shows two charts, both indicating '0/0' and '0%' with the text 'There are no students in the school.' Below this is a table titled 'Students who are not ready to learn' with the following data:

Category	Count	Action
Today	0 students	View Students
Average	0.8 students	View Students

At the bottom of the dashboard, there are sections for 'School Insights' and 'Student Insights'.

## Digital lessons and resources to support all your wellbeing programs

The learning content of Life Skills GO:

- Draws on the core competencies established by CASEL in their social emotional learning framework, while also incorporating mindfulness science and positive psychology principles, together with effective pedagogical practices.
- Is aligned to the Australian Curriculum addressing General Capabilities of personal and social capability, critical and creative thinking and intercultural understanding.
- Utilises educational technology to engage students and support the development of crucial proficiencies for 21st century learning, recognised by the World Economic Forum.

Life Skills GO collects, processes, stores and shares data in accordance with our privacy policy\* for the sole purpose of providing our services.

No data is collected, stored or shared for any other purpose unless explicitly stated in the policy.

Life Skills GO data is stored on Amazon Web Services (AWS) provided cloud storage in Australia.

To protect data that we process and store, we use several industry standard practices including:

- Encryption in transit using TLS1.2 or higher
- Encryption during rest of data stored in our system, using symmetric key encryption and the AES-GCM algorithm with 256-bit keys
- Minimal Personally Identifiable Information (PII) is stored for the sole purpose of providing our service. Extraneous data that we may receive during the processing of data (extra spreadsheet fields, School Bytes data) is ignored and removed as soon as practicable.
- Life Skills GO has a System Hardening Policy detailing how we manage service updates, apply security patches and the timelines which these should be completed by.
- Life Skills GO has an Information Security Policy & Key Management document which details how staff should access data, under what circumstances this is permitted and the roles and responsibilities of key staff. Life Skills GO operates under a least privilege approach, allowing staff minimal yet sufficient privileges to carry out their duties.
- All staff are required to have MFA/2FA enabled to access any company account, including Life Skills GO systems / cloud providers, company email and related items.
- Life Skills GO has been assessed by ST4S under ESA and the results of this assessment are available.

\* <https://www.lifeskillsgroup.com.au/privacy-policy>

These programs have been specifically developed for students in each year level from primary through to secondary school. Learning can be personalised to meet the needs of individual learners and class groups.

- Improve your students' concentration, communication, listening, resilience, confidence and
- Improve your students balance, spatial awareness & motor skills
- Aligns with PDHPE curriculum
- Family members are welcome to join in

### Programs include:

- Healthy Skills For Life
- Building Resilience and Managing Anxiety During Times of Change
- Yoga To Go Kids
- Mindfulness In Action

### Choose the duration that best supports your goals:

Wellbeing Day/week | Wellbeing Week | 4 Week Transition Program | 6-8 Week full-term program



[Visit the Student Program Site](#)

Life Skills Group is offering expert professional development sessions for educators which are dedicated to providing practical and interactive training to improve your personal, staff and student wellbeing. These sessions will be delivered by Nikki Bonus, who has lead educator and student wellbeing professional development in Australia and internationally for over a decade.

## Programs include:

- **Building Emotional Literacy and self-regulation in our young people.**
- **Wellbeing: It's Not Just a Policy**
- **Building Healthy Communities**
- **Rebuilding and Refocusing**

All programs count towards NESA elective hours.

Delivery can be flexible to suit your team, please contact us to discuss how we can best support you.



Learn more about our Professional  
Development sessions



Request your free 14 day trial  
of the Life Skills GO platform

[Click here to request access](#)



Measure  
learner  
readiness &  
emotional  
state



Teach  
emotional  
literacy and  
regulation



Class  
reports and  
holistic  
learner  
profiles



Wraparound  
support for  
wellbeing  
programs

# Book a wellbeing consultation with Nikki Bonus

Discuss your school's wellbeing activity and how to wrap support around all of your programs.

[Book Now](#)

