



Education
Services
Australia

21 April 2023

Nikki Bonus
CEO/Founder
Life Skills Group

Via email: hello@nationalcheckinweek.com

CC: nikki@lifeskillsgroup.com.au

Dear Nikki,

I am pleased to support the work of the Life Skills Group in its mission to support youth wellbeing and, particularly for *National Check-in Week 22-26 May 2023*, bringing focus to the wellbeing needs of every child every day.

Education Services Australia (ESA) is a not-for-profit education technology company committed to making a positive difference in the lives and learning of Australian students. We work with all education systems and sectors to improve student outcomes, enhance teacher impact and strengthen school communities.

As educators, we know how vital wellbeing is for learning. Significant research evidence shows that when students develop their social and emotional skills for wellbeing, health, and safety, they directly impact their learning outcomes.

The increased demand for evidence-based tools, resources and practical ideas to enhance student wellbeing is noticeable across ESA's Student Wellbeing Hub digital resources and professional learning materials supporting educators, students, and parents to promote young people's wellbeing and resilience.

Educators are looking for ways to prioritise and support mental health, self-care and wellbeing for students.

National Check-in Week will contribute to raising the criticality of student wellbeing. Investment in this critical issue will raise awareness and provide educators with evidence-gathering tools to start conversations that will provide timely data to help understand students' state of well-being in real-time.

Yours sincerely,

Andrew Smith
Chief Executive Officer

Education Services Australia Ltd ABN 18 007 342 421 ACN 007 342 421

L5 440 Collins Street Melbourne Victoria 3000 PO Box 177 Carlton South Victoria 3053 T+61 3 9207 9600 F+61 3 9910 9800

www.esa.edu.au